



NK Langlauf 2023

7,5 KM vrije stijl

Uitslag



NSKiV

COMPETITION JURY

CHIEF OF RACE
REFEREE

Krom Paco
De Wit Peter

WEATHER

AIR TEMPERATURE

0,0 °C

COURSESETTER
FORERUNNERS

GATES
STARTING TIME

09:00

LIST n°1223

| Rank | Bib | First Name | Last Name | Gender | Year | Category | Club | Time |
|------|-----|------------|-----------|--------|------|----------|------|------|
|------|-----|------------|-----------|--------|------|----------|------|------|

NK 2023 vrije stijl dames

| | | | | | | | | |
|----|----|------------|----------------|-------|------|---------------|--------------------------|----------|
| 1 | 62 | Anna | van der Rhee | Women | 1982 | Dames II 40+ | Stichts Langlauf Team | 22:29.01 |
| 2 | 61 | Tosca | de Wit | Women | 1993 | Dames I | Stichts Langlauf Team | 22:53.21 |
| 3 | 63 | Anna | Chernilovskaya | Women | 1983 | Dames I | Stichts Langlauf Team | 24:21.84 |
| 4 | 67 | Karen | Coslovi | Women | 2008 | JUN-D U20 | | 25:00.63 |
| 5 | 64 | Jifke | Heijster | Women | 1980 | Dames II 40+ | Stichts Langlauf Team | 26:16.70 |
| 6 | 66 | Marleen | van Roessel | Women | 1990 | Dames I | | 27:05.21 |
| 7 | 69 | Marit | Pietersen | Women | 1979 | Dames II 40+ | Langlaufvereniging Bedaf | 27:15.25 |
| 8 | 72 | Willeke | Koers | Women | 1980 | Dames II 40+ | Stichts Langlauf Team | 27:39.86 |
| 9 | 65 | Anja | Verdiesen | Women | 1959 | Dames IV 60+ | Stichts Langlauf Team | 28:40.28 |
| 10 | 71 | Astrid | Hoppenbrouwer | Women | 1961 | Dames IV 60+ | Stichts Langlauf Team | 29:04.10 |
| 11 | 74 | Bernadette | Lohmann | Women | 1980 | Dames II 40+ | Stichts Langlauf Team | 29:52.64 |
| 12 | 75 | Marike | Bremmer-Beute | Women | 1975 | Dames II 40+ | | 30:21.70 |
| 13 | 76 | Mariette | van Hooff | Women | 1960 | Dames IV 60+ | Langlaufvereniging Bedaf | 31:06.98 |
| 14 | 68 | Mari | Murel | Women | 1979 | Dames II 40+ | RW Rottemeren | 31:15.13 |
| 15 | 79 | Gerda | Struis | Women | 1966 | Dames III 50+ | Stichts Langlauf Team | 31:33.20 |
| 16 | 78 | Dieuwke | de Vries | Women | 1963 | Dames III 50+ | Stichts Langlauf Team | 32:06.84 |
| 17 | 70 | Jose | van Paassen | Women | 1990 | Dames I | | 35:00.38 |
| 18 | 73 | Alie | Snijders | Women | 1975 | Dames II 40+ | RW Rottemeren | 37:38.05 |

NK 2023 vrije stijl heren

| | | | | | | | | |
|----|-----|-----------|-------------|-----|------|---------------|--------------------------|----------|
| 1 | 1 | Rick | Hoenderop | Men | 1984 | Heren I | | 18:16.56 |
| 2 | 6 | Ian | Pennekamp | Men | 2001 | Heren I | | 19:24.48 |
| 3 | 5 | Niek | Heldoorn | Men | 1999 | Heren I | | 19:53.00 |
| 4 | 103 | Jon Einar | Visser | Men | 2002 | Heren I | RW Rottemeren | 21:11.15 |
| 5 | 2 | Machiel | Iltmann | Men | 1969 | Heren III 50+ | | 21:14.67 |
| 6 | 11 | Peter | van Driel | Men | 2002 | Heren I | RW Rottemeren | 22:41.71 |
| 7 | 20 | Robert | Beute | Men | 1975 | Heren II 40+ | | 22:50.71 |
| 8 | 19 | Maarten | Beute | Men | 2006 | JUN-H U20 | | 23:05.16 |
| 9 | 7 | Sidney | Teeling | Men | 1960 | Heren IV 60+ | | 23:48.17 |
| 10 | 4 | Jos | Verest | Men | 1960 | Heren IV 60+ | Stichts Langlauf Team | 23:51.32 |
| 11 | 13 | Frans | van Heteren | Men | 1966 | Heren III 50+ | | 24:01.86 |
| 12 | 12 | Stephan | van Eijk | Men | 1976 | Heren II 40+ | Langlaufvereniging Gouda | 24:06.51 |
| 13 | 18 | Helmer | Hooijbergh | Men | 2007 | JUN-H U20 | RW Rottemeren | 24:13.83 |
| 14 | 15 | Klas | Öberg | Men | 1965 | Heren III 50+ | RW Rottemeren | 24:43.38 |
| 15 | 16 | Fulvio | Coslovi | Men | 1967 | Heren III 50+ | | 25:11.06 |
| 16 | 10 | Frank | Heldoorn | Men | 1969 | Heren III 50+ | | 25:13.33 |
| 17 | 9 | Hans | Dekker | Men | 1969 | Heren III 50+ | Stichts Langlauf Team | 25:52.70 |
| 18 | 14 | Henk | van Laar | Men | 1963 | Heren III 50+ | | 26:06.81 |



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|------|-----|------------|--------------|--------|------|---------------|-----------------------|----------|
| 19 | 22 | John | Stevens | Men | 1965 | Heren III 50+ | Stichts Langlauf Team | 30:25.40 |
| 20 | 28 | Martin | Taal | Men | 1968 | Heren III 50+ | | 30:56.71 |
| 21 | 23 | Albert | Cool | Men | 1947 | Heren V 70+ | RW Rottemeren | 31:25.55 |
| 22 | 17 | Hugo | Hooijbergh | Men | 2005 | JUN-H U20 | RW Rottemeren | 32:08.76 |
| 23 | 29 | Rudi | Lammers | Men | 1964 | Heren III 50+ | | 32:33.99 |
| 24 | 27 | Pascal | van der Plas | Men | 1972 | Heren III 50+ | RW Rottemeren | 32:36.14 |
| 25 | 21 | Leo | Lansbergen | Men | 1951 | Heren V 70+ | Stichts Langlauf Team | 33:36.07 |
| 26 | 24 | Peter | Heijster | Men | 1948 | Heren V 70+ | Stichts Langlauf Team | 33:40.95 |
| 27 | 30 | Jan-Kees | Eisenloeffel | Men | 1942 | Heren V 70+ | Stichts Langlauf Team | 37:31.49 |

JUN-D U20

| | | | | | | | | |
|---|----|-------|---------|-------|------|-----------|--|----------|
| 1 | 67 | Karen | Coslovi | Women | 2008 | JUN-D U20 | | 25:00.63 |
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Dames I

| | | | | | | | | |
|---|----|---------|----------------|-------|------|---------|-----------------------|----------|
| 1 | 61 | Tosca | de Wit | Women | 1993 | Dames I | Stichts Langlauf Team | 22:53.21 |
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Dames II 40+

| | | | | | | | | |
|---|----|------------|---------------|-------|------|--------------|--------------------------|----------|
| 1 | 62 | Anna | van der Rhee | Women | 1982 | Dames II 40+ | Stichts Langlauf Team | 22:29.01 |
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| 8 | 73 | Alie | Snijders | Women | 1975 | Dames II 40+ | RW Rottemeren | 37:38.05 |

Dames III 50+

| | | | | | | | | |
|---|----|---------|----------|-------|------|---------------|-----------------------|----------|
| 1 | 79 | Gerda | Struis | Women | 1966 | Dames III 50+ | Stichts Langlauf Team | 31:33.20 |
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Dames IV 60+

| | | | | | | | | |
|---|----|----------|---------------|-------|------|--------------|--------------------------|----------|
| 1 | 65 | Anja | Verdiesen | Women | 1959 | Dames IV 60+ | Stichts Langlauf Team | 28:40.28 |
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JUN-H U20

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|------|-----|------------|------------|--------|------|-----------|---------------|----------|
| 3 | 17 | Hugo | Hooijbergh | Men | 2005 | JUN-H U20 | RW Rottemeren | 32:08.76 |

Heren I

| | | | | | | | | |
|---|-----|-----------|-----------|-----|------|---------|---------------|----------|
| 1 | 1 | Rick | Hoenderop | Men | 1984 | Heren I | | 18:16.56 |
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Heren II 40+

| | | | | | | | | |
|---|----|---------|----------|-----|------|--------------|--------------------------|----------|
| 1 | 20 | Robert | Beute | Men | 1975 | Heren II 40+ | | 22:50.71 |
| 2 | 12 | Stephan | van Eijk | Men | 1976 | Heren II 40+ | Langlaufvereniging Gouda | 24:06.51 |

Heren III 50+

| | | | | | | | | |
|----|----|---------|--------------|-----|------|---------------|-----------------------|----------|
| 1 | 2 | Machiel | Ittmann | Men | 1969 | Heren III 50+ | | 21:14.67 |
| 2 | 13 | Frans | van Heteren | Men | 1966 | Heren III 50+ | | 24:01.86 |
| 3 | 15 | Klas | Öberg | Men | 1965 | Heren III 50+ | RW Rottemeren | 24:43.38 |
| 4 | 16 | Fulvio | Coslovi | Men | 1967 | Heren III 50+ | | 25:11.06 |
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Heren IV 60+

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|---|---|--------|---------|-----|------|--------------|-----------------------|----------|
| 1 | 7 | Sidney | Teeling | Men | 1960 | Heren IV 60+ | | 23:48.17 |
| 2 | 4 | Jos | Verest | Men | 1960 | Heren IV 60+ | Stichts Langlauf Team | 23:51.32 |

Heren V 70+

| | | | | | | | | |
|---|----|----------|--------------|-----|------|-------------|-----------------------|----------|
| 1 | 23 | Albert | Cool | Men | 1947 | Heren V 70+ | RW Rottemeren | 31:25.55 |
| 2 | 21 | Leo | Lansbergen | Men | 1951 | Heren V 70+ | Stichts Langlauf Team | 33:36.07 |
| 3 | 24 | Peter | Heijster | Men | 1948 | Heren V 70+ | Stichts Langlauf Team | 33:40.95 |
| 4 | 30 | Jan-Kees | Eisenloeffel | Men | 1942 | Heren V 70+ | Stichts Langlauf Team | 37:31.49 |

Not classified

Did Not Start (4)

| | | | | | | | |
|----|------|---------|-----|------|--------------|-----------------------|--|
| 8 | Haje | Visser | Men | 1957 | Heren IV 60+ | RW Rottemeren | |
| 25 | Jan | Drevers | Men | 1956 | Heren IV 60+ | Stichts Langlauf Team | |



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|------|-----|------------|-----------------------------|--------|------|--------------|--------------------------|------|
| | 26 | Aart | van de Breevaart Bravenboer | Men | 1946 | Heren V 70+ | Langlaufvereniging Gouda | |
| | 77 | Rinske | Moesman | Women | 1975 | Dames II 40+ | RW Rottemeren | |

(DNS: Did Not Start, DNF: Did Not Finish, DSQ: Disqualified, NPS: Not Permitted to Start)

RECAP

| | |
|-------------------------|----|
| Records: | 49 |
| Did Not Start: | 4 |
| NOT PERMITTED TO START: | 0 |
| Did Not Finish: | 0 |
| Disqualified: | 0 |
| <hr/> | |
| At Finish: | 45 |